

VEGAN PARMESAN CHEESE

lightly adapted from minimalistbaker.com

Yield: approx. 16 (1-tablespoon) servings

Prep Time: 1 - 2 minutes

Blend Time: 1 - 2 minutes

Storage: refrigerate up to 3 weeks; freeze for 3 months



Ingredients

3/4 cups raw cashews

3 tablespoons nutritional yeast

3/4 teaspoon sea salt, or to taste

1/4 teaspoon garlic powder

optional: 1 - 2 tablespoons hemp seeds

optional: 1 - 2 teaspoons dried parsley or dried chives

Directions

1. Add all ingredients to a food processor and mix/pulse until a fine meal is achieved. Store refrigerated in an airtight container to keep fresh. Enjoy sprinkled on salads, pastas, soups, and roasted vegetables.